

FACULTY OF APPLIED HEALTH & COMMUNITY STUDIES

# Honours Bachelor of Applied Health Sciences – Athletic Therapy

Sheridan's Honours BAHS Athletic Therapy program was designed to provide you with the skills you need to become a certified athletic therapist.

93%

**Employer Satisfaction\***  
with the knowledge and skills that our graduates possess.

Honours Baccalaureate Degree

Program Code: PBAHS

Full-Time | Davis Campus | 4 yrs (8 semesters)



Gain skills and experience to become a certified athletic therapist.

## State-of-the-art education

Sheridan's facilities include a new, state-of-the-art Athletic Therapy Clinic with aquatic rehab, dedicated lab space with brand new equipment and new training facilities. All educators are Certified Athletic Therapists with advanced degrees in the areas of rehabilitation sciences, biomechanics and physiology, as well as extensive experience working in the field.

## What you'll gain

- Advanced athletic therapy skills such as field assessment and injury treatment, clinical assessment and rehabilitation.
- Entrepreneurial business skills to help you establish a practice.
- Research skills to ensure you always stay current in the field.
- 1,200 hours of embedded athletic therapy course experience while in school.

## Field placement

Each semester of the last three years includes field and/or clinical work. (Year 2: high school or community sports team environment; Year 3: varsity teams in colleges and universities; Year 4: more clinical responsibility, working in both the Sheridan Athletic Therapy Centre and community clinics.) You'll also have an opportunity, between Years 3 and 4, to participate in a 14-week internship.

## Admission Requirements

### Program Eligibility

**Ontario Secondary School Diploma or equivalent, including the following required courses:**

- English, Grade 12 (ENG4U)

*plus*

- Biology, Grade 12 (U)

*plus one of:*

- Physics, Grade 12 (U) or
- Mathematics, Grade 12 (U) or
- Chemistry, Grade 12 (U)

*plus*

- Three additional Grade 12 credits at the U or M level
- Minimum 65% in each course

Or

Two semesters of postsecondary education including required courses with a minimum 65% in each course.

### Applicant Selection

Eligible applicants will be selected on the basis of their previous academic achievement (the average of their six highest senior-level credits, including required courses) and the results of their related work/volunteer experience, which includes:

- Complete 100 hours of volunteer work with an Athletic Therapist or Sports Physiotherapist (SPD).
- Co-op experience related to Athletic Therapy strongly recommended.
- Attend an information session.

Refer to the website for full admission requirements.

## Career Opportunities

When you complete your Honours Bachelor of Applied Health Sciences (Athletic Therapy) program, you'll be well prepared to work in a variety of athletic therapy settings.

### HERE ARE SOME AREAS IN WHICH YOU MIGHT WORK:

Athletic therapy clinics

Corporations concerned about corporate wellness

Insurance companies

Orthopedic bracing

Sports health care teams

## Courses

### SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Clinical Assessment and Rehabilitation

Exercise Physiology for Athletic Therapy

Introduction to Biomechanics

Nutrition

Sport Injury Clinic

Therapeutic Exercise

Note: See website for specific terms and course listings.

## More information



**Website:**  
[sheridancollege.ca](http://sheridancollege.ca)



**Facebook:**  
[facebook.com/sheridaninstitute](https://facebook.com/sheridaninstitute)



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[@sheridancollege](https://twitter.com/sheridancollege)



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There's no better way to get a sense of Sheridan than with a personal visit. Book a tour and see for yourself!



[tours.sheridancollege.ca](http://tours.sheridancollege.ca)